

Hippotherapy



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Specially trained physical therapists, occupational therapists, and speech/language pathologists apply the movement, rhythm, and repetition of the horse as a treatment strategy to help patients achieve therapeutic goals. The therapy is used to engage sensory, neuromotor, and cognitive systems to achieve functional outcomes in a fun and motivational way in a nonclinical setting.

Recent studies have determined that hippotherapy is appropriate for specific diagnoses including:

- Cerebral Palsy
- Autism
- Down Syndrome
- Cognitive disabilities including brain and spine injuries
- Language and sensory processing disorders
- Developmental delays
- Genetic disorders
- Depression



Our Mission

We strive to build confidence, self-esteem, and a sense of accomplishment for individuals with physical, cognitive, and emotional needs by utilizing equine-assisted activities and therapies. We have been providing these services to residents of the Eastern Shore since 1981.

Contact Us

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Certification and Accreditation



www.positivestridescenter.org



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